

Club Championship

Under UKA Licence: <<>>

Sponsored by **The Creg Restaurant**

Creg-Ny-Baa, Mountain Road.



29th June 2023

Dear Member

You are invited to enter the forthcoming 2023 Northern (IOM) Athletic Club Championships.

This will take place on **Saturday 1st July** at the NSC all-weather track and field facility in Douglas. It would be great to have as many athletes from all age groups as possible taking part in order to make this an enjoyable event. The event is open to fully paid-up Club members only.

Please arrive no later than 9.30 am to collect your number pack at the Commentary Box for a 10.00 am start.

All trophies will be presented on the day of the Championships. **Please ensure all championship trophies are engraved & returned to: Sarah Perry, by 13th June.**

Rules of entry:

- All children must be accompanied by an adult
- All competitors **must** be fully paid-up, first claim **members of Northern (IOM) Athletic Club**
- All competitors must wear club colours (royal blue vest/T-shirt & blue or black shorts). If required please contact Stephen Oates for kit (contact details on Club Website) or purchase at an RGS Junior Track League evening.
- Spikes may be worn but for safety reasons must be removed between events.
- Competitors and parent/guardian, where applicable, agree for the competitors name, event category, result and position for the event(s) entered to be published within the Club's Social media, local press and Power of 10 UKA recognised results services, together with a permanent entry to be made in the Club's historical records.
- All entrants shall be deemed to have made him/herself familiar with, and agreed to be bound by the UKA Anti-Doping Rules and to submit to the authority of UK Anti-Doping in the application and enforcement of the Anti-Doping Rules. The UKA Anti-Doping Rules apply to entrants participating in the sport of Athletics, for 12 months from this Competition's entry date, whether or not the entrant is a citizen of, or resident in, the UK. The full UKA policy may be found on the Club's website Policies | Northernaciom.com

Key points to enter:

One entry form (attached) per person must be completed by ticking the required events, together with the signed declaration below. Please carefully check your age group on this form and the maximum number and combination of events allowable under UKA Rules. A separate sheet is attached for you to keep a note of your events.

Cost:

Entrants in full time education £4.00 - All other age groups £6.00 per competitor. The charges are per competitor (NOT per event).

The completed entry form and payment should be sent, no later than **Tuesday 20th June 2023** to **Northern AC, Neil Vondy, 1 Barrule Park, Ramsey, Isle of Man. IM8 2BW**. Alternatively if paying online, a scanned signed copy may be emailed to vondy@manx.net. **No late entries will be accepted**. Cheques should be payable to "Northern AC", and online payments should be made to "I.O.M Northern AC, Sort Code 20-26-74 and bank account no. 50524344.

If you have entered but then cannot compete in the Competition, please could you Facebook message "Neil Vondy" as soon as possible, as this avoids delays in starting the competition. The entry fee is non-refundable.

Entry Declaration:

I have read and agree with the rules of entry above and have completed the event form including name.

Entry fee attached/paid online [please indicate] £ Phone or mobile no.

Signed
(Parent if child under 18)

Signed
(competitor)

Name:

Sat 1-Jul-23

Age Group	U7 (boys&girls)	U9 (boys&girls)	U11 (boys&girls)	U13 (girls)	U13 (boys)	U15 (girls)	U15 (boys)	U17+ (women)	U17+ (men)
School Years	Reception & Year 1	Years 2 & 3	Years 4 & 5	Years 6 & 7	Years 6 & 7	Years 8 & 9	Years 8 & 9	Year 10 to Vets.	Year 10 to Vets.
Max. no. of events	2 Events	3 Events	3 Events	3 Events	3 Events	3 Events	3 Events	3 Events	3 Events
Throw the Howler									
Game									
Standing Long Jump									
Long Jump									
High Jump									
50m									
75m									
100m									
200m									
300m									
400m									
600m			*1						
800m				*1	*1	*1	*1		
1200m			*1	*1					
1500m					*1	*1	*1		

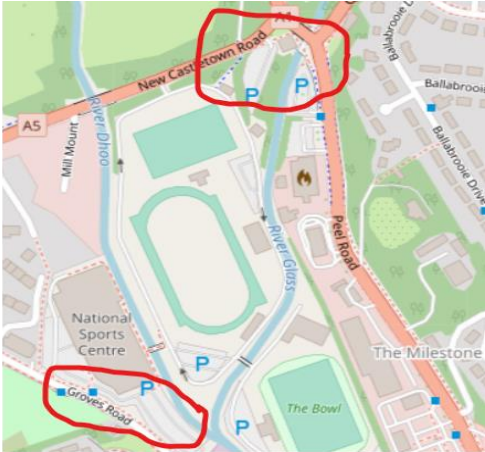
*1 = Can only do one of these events under UKA Rules.

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Note to keep for yourself:

The completed entry form and payment should be sent, no later than 20th June 2023 to Northern AC, Neil Vondy, 1 Barrule Park, Ramsey, Isle of Man. IM8 2BW. No late entries will be accepted.

Date of main Championship competition:	Saturday 1st July.
Venue:	NSC Track & Field, Douglas (Car Parks) 
Sign-in to receive number pack, <u>closes</u> on the day at:	9:30 am.
If entered but cannot compete on the day contact Club:	Facebook Message - "Neil Vondy"
Make a note of events entered here:	
Timetable for the Day	Visit Facebook "Northern Athletic Club" or Website https://www.northernaciom.com/ in latter half of week leading up to Championship Day for provisional timetable (the timetable on the day may alter if heats are no longer required after athletes have signed-in).