

# Northern (Isle of Man) Athletics Club

## Sponsored by SEQ



### Track and Field Championships Saturday 25 May 2024

#### Provisional Timetable (may alter on the day after sign-in)

Event	Heat/ Final	Age Group Key	Order of Events	Pre-sign-in Estimated start time
Long Jump	Final	U11B	Jump1	10:00 AM
Long Jump	Final	U13B	Jump2	10:00 AM
Long Jump	Final	U11G	Jump3	10:00 AM
Long Jump	Final	U13G	Jump4	10:00 AM
50m Final	Final	U7B	Track1	10:00 AM
50m Final	Final	U7G	Track2	10:05 AM
Game	Final	U7G	Other1	10:15 AM
75m Final	Final	U9B	Track3	10:15 AM
75m Final	Final	U9G	Track4	10:20 AM
100m Final	Final	U11G	Track5	10:30 AM
100m Final	Final	U13G	Track6	10:30 AM
100m Final	Final	U15B	Track7	10:35 AM
100m	Final	SM	Track8	10:35 AM
100m	Final	VM	Track9	10:35 AM
Throw the Howler	Final	U7G	Other2	10:35 AM
Throw the Howler	Final	U7B	Other3	10:35 AM
100m Final	Final	U11B	Track10	10:40 AM
100m Final	Final	U13B	Track11	10:40 AM
100m Final	Final	U15G	Track12	10:45 AM
100m	Final	JW	Track13	10:45 AM
Long Jump	Final	U17G	Jump5	10:55 AM
Long Jump	Final	U15B	Jump6	10:55 AM
Long Jump	Final	U17B	Jump7	10:55 AM
Long Jump	Final	SM	Jump8	10:55 AM
<b>1st Medal Presentation</b>				
300M Final	Final	U15B	Track14	11:20 AM
200m Final	Final	U7B	Track15	11:30 AM
200m Final	Final	U7G	Track16	11:30 AM
200m Final	Final	U9B	Track17	11:35 AM
Long Jump	Final	U9G	Jump10	11:35 AM
Long Jump	Final	U9B	Jump9	11:35 AM
200m Final	Final	U9G	Track18	11:40 AM
200m Final	Final	U11G	Track19	11:40 AM
200m Final	Final	U13G	Track20	11:45 AM
200m Final	Final	U15G	Track21	11:45 AM
200m Final	Final	U17G	Track22	11:45 AM
200m Final	Final	U11B	Track23	11:50 AM
200m Final	Final	U13B	Track24	11:55 AM
200m Final	Final	U15B	Track25	11:55 AM
200m Final	Final	U17B	Track26	11:55 AM
200m	Final	JW	Track27	11:55 AM
<b>2nd Medal Presentation</b>				
High Jump	Final	SM	Jump12	1:00 PM
High Jump	Final	U15B	Jump13	1:00 PM
High Jump	Final	JM	Jump14	1:00 PM

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Throw the Howler	Final	U11G	Other4	1:10 PM
Throw the Howler	Final	U11B	Other5	1:10 PM
Standing Long Jump	Final	U7G	Jump11	1:15 PM
400m	Final	U17G	Track28	1:30 PM
400m	Final	U17B	Track29	1:30 PM
400m	Final	JM	Track30	1:30 PM
400m	Final	VM	Track31	1:30 PM
High Jump	Final	U13G	Jump15	1:35 PM
High Jump	Final	U17G	Jump16	1:35 PM
High Jump	Final	U13B	Jump17	1:35 PM
1500m	Final	U15B	Track32	1:40 PM
1500m	Final	U17B	Track33	1:40 PM
1500m	Final	SM	Track34	1:40 PM
1500m	Final	U17G	Track35	1:40 PM
Throw the Howler	Final	U9G	Other6	1:40 PM
Throw the Howler	Final	U9B	Other7	1:40 PM
1200m	Final	U13G	Track36	1:50 PM
600m	Final	U9G	Track37	2:00 PM
600m	Final	U11G	Track38	2:00 PM
600m	Final	U9B	Track39	2:05 PM
600m	Final	U11B	Track40	2:05 PM
800m	Final	U13B	Track41	2:15 PM
800m	Final	U15B	Track42	2:15 PM
800m	Final	U17G	Track43	2:15 PM
800m	Final	JM	Track44	2:15 PM
4 100m Relays				

**3rd & Final Medal Presentation**