

<u>1st May</u>	<u>22nd May</u>	<u>19th June</u>	<u>10th July</u>	<u>24th July</u>	<u>31st July</u>
Long Jump (U13 & U15 m/f)	Polevault (m & f)	High Jump (m)	Shot Putt (m)	Discus (m)	Long Jump (U13 & U15 m/f)
Triple Jump (U17+ m&f)	Shot Putt (m)	Javelin (m)	Long Jump (m&f)	High Jump (f)	Triple Jump (U17+ m&f)
Hammer (m) +f	Javelin (f)	Shot Putt (f)	Hammer (f) +m	Long Jump (m&f)	Javelin (m)
High Jump (f) *	Long Jump (m & f)	Discus (f)	Polevault (m & f)	Javelin (f)	High Jump (m)
Discus (m)	200m	Long Jump (m&f)	200m	100m	Discus (f)
100m	1200m (U13g)	100m	1200m (U13g)	800m	Shot Putt (f)
300/400m	1500m	800m	300m/400m	3/5000m	200m
800m	Sprint Hurdles	300m/400m Hurdles	Mile Run	Sprint Hurdles	300m/400m Hurdles
800m Walk/1 Mile Walk		3/5000m			1500m