

| Event | Heat/ Final | Age Group Key | Pre-sign-in Estimated start time |
|--------------------|-------------|---------------|----------------------------------|
| Long Jump | Final | U9B | 9:45 AM |
| 70m Hurdles | Final | U13G | 9:45 AM |
| 75m Hurdles | Final | U15G | 9:55 AM |
| 75m Hurdles | Final | U15B | 10:05 AM |
| 75m Heat 1 | Heat | U9G | 10:15 AM |
| 75m Heat 2 | Heat | U9G | 10:20 AM |
| Long Jump | Final | U9G | 10:25 AM |
| 200m Heat 1 | Heat | U9G | 10:45 AM |
| 200m Heat 2 | Heat | U9G | 10:50 AM |
| Long Jump | Final | U11B | 10:50 AM |
| Long Jump | Final | U13B | 10:50 AM |
| 200m Heat 1 | Heat | U9B | 10:55 AM |
| 200m Heat 2 | Heat | U9B | 11:00 AM |
| 100m | Final | JM | 11:10 AM |
| 100m | Final | VM | 11:10 AM |
| 100m Final | Final | U17B | 11:10 AM |
| 100m Final | Final | U15B | 11:15 AM |
| 100m Final | Final | U13B | 11:15 AM |
| 100m Final | Final | U11B | 11:20 AM |
| 75m Final | Final | U9B | 11:30 AM |
| Long Jump | Final | U17B | 11:30 AM |
| Long Jump | Final | VM | 11:30 AM |
| 50m Final | Final | U7B | 11:40 AM |
| 100m | Final | SW | 11:50 AM |
| Long Jump | Final | U11G | 11:55 AM |
| Long Jump | Final | U13G | 11:55 AM |
| 100m | Final | VW | 12:00 PM |
| 100m Final | Final | U17G | 12:10 PM |
| 100m Final | Final | U15G | 12:10 PM |
| 100m Final | Final | U13G | 12:15 PM |
| 100m Final | Final | U11G | 12:15 PM |
| Long Jump | Final | U15G | 12:20 PM |
| 75m Final | Final | U9G | 12:25 PM |
| Standing Long Jump | Final | U7B | 12:30 PM |
| 50m Final | Final | U7G | 12:35 PM |
| Standing Long Jump | Final | U7G | 12:45 PM |
| 400m | Final | U17B | 1:05 PM |
| 400m | Final | JM | 1:05 PM |
| 400m | Final | VM | 1:05 PM |
| 200m Final | Final | U7B | 1:15 PM |
| 200m Final | Final | U7G | 1:20 PM |
| 200m Final | Final | U9G | 1:25 PM |
| 200m Final | Final | U11G | 1:30 PM |
| 200m Final | Final | U13G | 1:35 PM |
| 200m Final | Final | U15G | 1:35 PM |
| 200m Final | Final | U17G | 1:40 PM |
| 200m | Final | SW | 1:40 PM |

| Event | Heat/ Final | Age Group Key | Pre-sign-in Estimated start time |
|------------------|-------------|---------------|----------------------------------|
| 200m Final | Final | U11B | 1:45 PM |
| 200m Final | Final | U13B | 1:50 PM |
| 200m Final | Final | U15B | 1:50 PM |
| 200m Final | Final | U17B | 1:50 PM |
| 200m | Final | JM | 1:50 PM |
| 200m | Final | VM | 1:50 PM |
| 1200m | Final | U13B | 2:00 PM |
| 1500m | Final | U15G | 2:00 PM |
| 1500m | Final | VW | 2:00 PM |
| High Jump | Final | U13G | 2:00 PM |
| High Jump | Final | U13B | 2:00 PM |
| High Jump | Final | U15G | 2:00 PM |
| 600m | Final | U9G | 2:10 PM |
| High Jump | Final | U17B | 2:10 PM |
| High Jump | Final | VW | 2:15 PM |
| 600m | Final | U9B | 2:20 PM |
| 600m | Final | U11B | 2:20 PM |
| High Jump | Final | VM | 2:20 PM |
| Game | Final | U7G | 2:20 PM |
| Game | Final | U7B | 2:20 PM |
| Throw the Howler | Final | U7G | 2:25 PM |
| Throw the Howler | Final | U7B | 2:25 PM |
| Throw the Howler | Final | U9G | 2:50 PM |
| Throw the Howler | Final | U9B | 2:50 PM |
| 1200m | Final | U11G | 3:05 PM |
| 1200m | Final | U11B | 3:05 PM |
| Throw the Howler | Final | U11G | 3:05 PM |
| Throw the Howler | Final | U11B | 3:05 PM |
| 800m | Final | U13G | 3:15 PM |
| 800m | Final | U15G | 3:15 PM |
| 800m | Final | U13B | 3:15 PM |
| 800m | Final | VM | 3:15 PM |